5th Annual MS Rowathon



11am Sunday April at Beau Sejour SPONSORSHIP FORM

Main Contact Name	Team Name	Telephone Number		
If 16 years old, parer	nts or guardian signature			
Sponsor's Name			Amount	Paid?
Minimum	n sponsorship to be raised	per team	£300	

Total sponsorship raised £

Please bring all your sponsorship money on the day. Cheques should be made payable to Guernsey MS Society.

Get fit and raise money for a great cause: the Guernsey MS Society.

The Guernsey MS Society 2018Rowathon Beau Sejour concourse Registration from 9.45 - 10.15am on the day Teams of 6 invited from corporate, sports and social clubs and friends.Distance: 30km - 5km per person, in 1km relay stints, undertaken in strict rotation.

This popular annual event is physically demanding but achievable for reasonably fit people. Great fun as team members egg each other on. By entering, your team commits to raise £300 or more for the MS Society (that is: £50 per person) combining corporate sponsorship with individual sponsorship. Race categories: Men's, women's, mixed (three male/ three female). Minimum age: 16 years.

Multiple Sclerosis is a debilitating disease, affecting almost 150 people in the Guernsey community. The Guernsey MS Society is funded entirely from voluntary contributions. Money raised from the Rowathon will go towards care and equipment for local MS patients and national research