

# Lateral Flow Testing (LFD Testing)

## Step-by-Step Guide for Sure Screen tests

Lateral Flow test should be stored at room temperature and not in direct sunlight

### Equipment



Sample collection vials



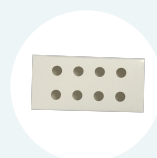
Extraction buffer



Test Cassette



Swab, inside sealed wrapper



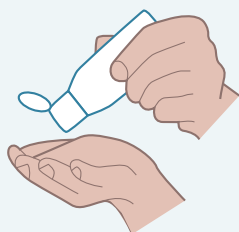
Workstation



You will also need a timer

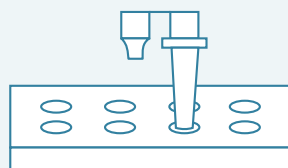
Please note that the test should be completed in the morning.

### STEP 1



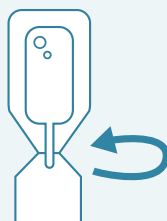
Apply hand sanitiser or wash your hands thoroughly. Clean and prepare a flat surface.

### STEP 2



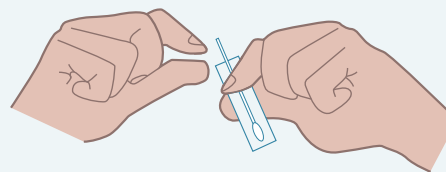
Place sample collection vial in the workstation

### STEP 3



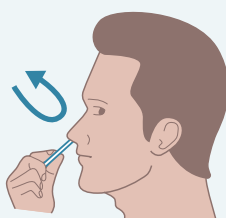
Twist the handle of the extraction buffer vial and put all of the extraction buffer into the collection vial

### STEP 4



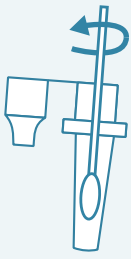
Take swab out of packet

### STEP 5



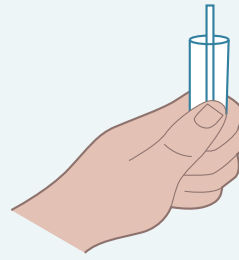
Insert swab 1.5cm into nostril. Roll around **both** nostrils at least 5 times slowly. It should take approximately 15 seconds per nostril

## STEP 6



Insert swab into the sample collection vial. Squeeze gently against the wall of the tube for **10 seconds**.

## STEP 7



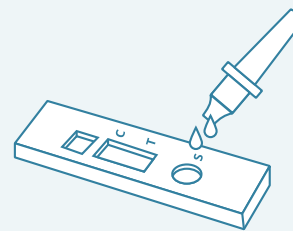
Slightly lift the swab then break on the 'break point' position. Dispose of the swab handle. Leave the swab head in the sample collection vial.

## STEP 8



Fit the dropper top on the sample collection vial

## STEP 9



Hold the tube vertically and squeeze **3 drops** into specimen well labelled 'S'

## STEP 11



Leave on flat surface for **10 minutes**. **Do not read results before 10 minutes or after 15 minutes as this may give an inaccurate result. Set a timer.**

### Reading your results



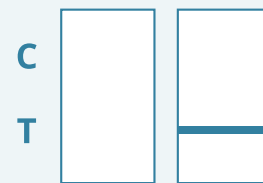
#### Positive Result

Two lines - even faint lines - indicate the test is positive



#### Negative Result

No T 'test' line indicates the test is negative



#### Invalid Result

No 'C' line indicates the test has failed and should be retaken



States of Guernsey  
Public Health Services



If your result is positive, please phone the clinical helpline on 01481 756938. You and your household should start self-isolating immediately as per public health advice.