

8th Annual

MS Rowathon

11am Sunday 14th Nov 2021

at Hougue du Pommier

NEW VENUE - The Indoor Fitness Centre,
Hougue du Pommier, Castel.

DISCLAIMER

Team captains, ensure team members read this before completing and signing this form. Please bring this form to the event. Entrants can not compete without signing the disclaimer.

Team Name

Date

 / 14.11.2021

Captain's Name

Mobile

Email

 /

Medical Conditions

If you have suffered/are suffering from any medical condition (for example a heart condition, asthma, epilepsy) or are concerned about your health and fitness level, please seek advice from your General Practitioner and provide us with a doctor's certificate before taking part in the event.

By signing below, I acknowledge and agree to the following four points:

- 1) I am at least 16 years of age.
- 2) I take part in this event at my own risk and understand the nature of the activity and the risks involved including possible injury to myself and/or damage to my property. It is my responsibility to ensure that I am insured if necessary and sufficiently fit to take part in this event and if I am in any doubt about this I will seek advice from my own General Practitioner before taking part in the event.
- 3) I release The Guernsey Multiple Sclerosis Society and The Guernsey Rowing Club and their volunteers from any liability for personal injury, death, loss, property, claim or damage suffered by me or any other person during or as a result of my participation in the event unless The Guernsey Multiple Sclerosis Society, the Guernsey Rowing Club or their volunteers have caused the injury, death, loss, claim or damage as a result of their negligence.
- 4) Use of Photos The Guernsey Multiple Sclerosis Society have my approval to use my photo in any promotional material in relation to this and future MS events

Rower 1 Signature

Print name

Rower 2 Signature

Print name

Rower 3 Signature

Print name

Rower 4 Signature

Print name

Rower 5 Signature

Print name

Rower 6 Signature

Print name



This event is organised by GRC members under the aegis of the Guernsey Multiple Sclerosis Society.

Important. This form must be signed by all team members on the day of the event and brought to registration. Registration takes place from 9.30am to 10.30am. The event starts at: 11.00am.